



**Sheffield Occupational Health  
Advisory Service**



# Who we are

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- Charity with 9 staff
- Contract to provide Job retention services in Sheffield funded by public health
- Given advice to over 68,000 people since 1980 and over 1600 people this year.
- Provide services to SME's on Occupational Health Assessments to support employees to go back to work



# Service Model

- Biopsychosocial model
- Early intervention GP surgery-based service
- 80% are at work when given advice
- 45-minute advice sessions using motivational interviewing techniques
- Summary of advice given to patient and their GP
- Take referrals from a wide base



# Impact

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- 75% of people say that the advice has kept them in a job
- 88% of people said that the advice they received improved their health
- 84% of people said that the advice they received enabled them to return to work more easily
- 82% saw an improvement in their communication with their manager
- 81% of people said that the advice they received reduce the number of visits to their GP



# Future Trends

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- Increasing number of people presenting with complex issues e.g. multi-morbidity and Long Covid
- Steadily rising number of people identifying as neurodiverse, whose mental health is being affected by their work
- The introduction AI, digitisation and automation and the impact it has on people's work and wellbeing.